



COMMUNITY HEALTH WORKER SERVICES



About the Community Health Worker Services

Community Health Workers (CHWs) are individuals who understand the culture, language, and needs of the community. This program helps connect individuals with medical care, mental health services, insurance, food, housing, and other social support, for those who have **Medi-Cal (also known as Medicaid)**.

SERVICES OFFERED

in English, Spanish, and Vietnamese

Health Education

- Provide easy-to-understand information about medical, physical, and mental health
- Offer workshops or one-on-one sessions on nutrition, exercise, stress management, and wellness

Health Navigation

- Schedule health-related appointments
- Listen and help connect individuals to health professionals
- Assist with Medi-Cal, CalFresh, and other social services

Individual Support or Advocacy

- Help individuals understand their rights and options to ensure their health needs are met
- Assist with filling out forms and connecting to needed services

Screening and Assessment

- Help identify health and social needs
- Support in addressing barriers to care

**Ready to Sign Up
or Refer?**

www.vacf.org/chwreferral

